



Chico Nursery School A Cooperative SEPTEMBER 2009

**September
Theme
Color
And
Shapes**

Director's Report

Dear Families;

For those of you who may not know me, my name is Miss Jessi. I've been in the early childhood education field for over 15 years and I have three children of my own. The youngest one, who is starting kindergarten this year, was privileged enough to attend Chico Nursery School. He is excited to learn, confident he will succeed, and equipped with the skills that will help him do all those things. I would like to thank the families involved with C.N.S over the past 2 years for the partnership that created the positive learning environment in which he thrived.

As currently participating families of Chico Nursery School (new or returning), your willingness to be involved in your child's education will foster confidence and encourage your child to become a lifelong learner. Your dedication and hard work will also determine what you get out of it. Although we come from diverse backgrounds, we share the same unique opportunity here to learn from each other, from our precious children, grow together, and get to know each other in a fun, safe environment. By providing engaging activities for the students, communicating and building relationships with them you will be able to share in the joy of discovery as your child learns through play.

I am excited that you have chosen to be a part of Chico Nursery School Parent Co-Operative this year! Together we are better and there's no better place than CNS!

With Appreciation,

Miss Jessi



**Parent
Education/
General Meeting**

Thursday,

SEPT 17TH

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Birthdays

- Mia Hoogeven - Aug. 22, 2006
- Alexander Richardson - Aug. 7, 2005
- Portia Downey - Aug. 14, 2005
- Zeke White - Aug. 17, 2005
- Lydia Lugo - Aug. 24, 2005
- Keira Maguire - Aug. 26, 2005
- Lauren Hamilton - Sept. 3, 2006

Presidents Report

Hello all Chico Nursery School families! How fun it is to see so many new faces and to reconnect with our old friends. I hope you all had a great summer and are now ready for a great school year. Let me just start off by saying you have made the absolutely best choice for your child's first educational experience.

The one thing that really stands out about CNS to me are the wonderful families. You will find that the group of parents and children that you will get to know through out this year will be the same group of that will volunteer their time by working in their children's classrooms in grade school, drive on field trips and are in charge of sober graduation. Because you chose CNS simply means you are a dedicated parent with your child's best interest at heart. Starting now, you are teaching your child that their education is important to you. And in turn they will feel education is important to them.

I have met with Jessi many times this summer, and she has so many fun things planned. Science experiments, field trips, picnics, plays and art projects, just to name a few. Logan has been looking forward to school all summer and he is so excited!

I also want to take this opportunity to thank my wonderful, hardworking and dedicated board members. With all of these fantastic parents CNS will last another 40 years. Thank you for putting countless hours in during the summer. We met several times during this summer to plan this years calendar, make sure the school was clean and ready for school, as well as e-mailing, phone calling and many other numerous jobs. You are all such wonderful parents and Logan and I are so blessed to call you friends.

The first few weeks of preschool will be busy ones. You may have questions or concerns that arise. The Board of Directors, as well as alumni parents are here to help you. Please do not hesitate to call, e-mail or grab us in the hall. We will be more than happy to help you in any way we can.

Here are few important dates you will want to put on your calendar:

September 11 – Back to School Potluck 6:00 to 8:00 at Wildwood Park

September 17 – BOD Meeting 5:00 and Parent Ed/General Meeting 7:00p.m at CNS

September 30 and October 1 – School Pictures

**Many Thanks,
Joy Harthcock
Logan's mom and President**

jharthcock@yahoo.com

Fundraising Report

Current Fundraisers in the works:

Annie B's Community Drive-

Anyone can donate any amount of money to our school and Annie B's will match a percentage of the total amount raised. Get family and friends to donate to Chico Nursery School at www.nvcf.org . Click on the *donate now* link then on *education*. Chico Nursery is half way down the page. Donations must be made by Sept 30th.

Round Table Fundraiser October 6th 6-9pm (Almond Orchard)- Bring your flyer and 20% of your total purchase will go back to our school.

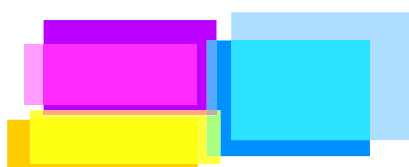
Monster Dash (October 17th Bidwell Park)-

All membership participation is required on race day. Sign ups will be handed out at September meeting and then posted on office door after. Don't forget, the CNS member to get the most registrations will win \$24 to Pita Pit!! Go out there and get every friend, family member, neighbor and co-worker to sign up!

If you have any questions or concerns please contact me.

Sheena Hobbs
(Leila's mommy)

Curriculum Report



Hello CNS families. My name is Jenny Johnston and my daughter Allison will be in the 3 day class. I am the curriculum committee chair. We are the committee in charge of creating the great atmosphere in each room at our school. We also have book bags that can be checked out each month. We are going to have such a great year. A sample of the field trips we will be going on this year -- Pumpkin Patch, Worm Farm, Gateway Science Center, and Laxson's Pet Circus. The theme for September is **Colors and Shapes**. A few fun things that will be happening this month --

Color Days -- Have your children wear the designated color on the days listed below

COLOR	2 DAY CLASS	3 DAY CLASS
RED	17 th	16 th
BLUE	24 th	25 th
YELLOW	OCT 1 st	30 th

- Walking field trip around the neighborhood
 - o 2 day class -- September 29th
 - o 3 day class -- September 28th

Also, I will need to get a **copy of each parent's driver's license and insurance even if you think you will not be driving for field trips**. We would like to have it on file just in case. Please contact me if you have any questions at all.

Jenny Johnston

shennyandiane@gmail.com

Participation Report

Please remember to let me know of **any** changes to your CNS workday. I need to keep track of everything, including **trades**. You can reach me at home 865-1463, my cell at 680-9285, or by e-mail at richardsons@digitalpath.net. Looking forward to a fabulous year at CNS!

Gina Richardson

Participation Chair and Alexander's mom

Membership Report

Membership Report:

Hello and welcome to all new and returning families! For the smooth functioning of our school, please ensure that all your paperwork is submitted to me by the first day of school. For new families, all forms listed on our website at <http://chiconursery.org/forms.html> need to be filled out and submitted, including the Physician's Report which must be signed by your child's pediatrician. For returning families, please turn in the following: Child's Information Sheet, Parent's Health Report, ID and Information Sheet, Resource List, and Consent for Emergency Medical Treatment. Also, a TB test must be on record for any participating adult; i.e. if your mother is going to work for you one day a month, CNS still needs a copy of your mother's TB test.

If all your forms are submitted and your file is complete - thank you! These forms are not just for CNS record-keeping, but actually comprise the required documentation for CNS to meet state licensing. Thus it is very important for all forms to be turned in on time, and we appreciate your efforts to do so. Thank you!

Hats off to a great year!

-Wynona Parry

Nutrition Report

Welcome to all the new and returning CNS families. My name is Katie Bennett and I am the new Nutrition Chair. This is still my first year here at CNS. My daughter Savannah started this past March in the two day class. She is looking forward to starting the new school year in the three day class.

We are having our "Back to School Potluck" on Sept. 11th, at Wildwood Park. I will have a sign up sheet for everyone to fill out at orientation as well as sign ups for nutrition 2 day and 3 day classes and parent meetings. If you have any questions, feel free to email or call me.

Thanks,
Katie Bennett
ktboo24@gmail.com
520-5773

Back-to-School Meal Planning on a Budget

Preparing to send your children back to school takes planning and preparation to ensure your family starts the school year on the right foot. With rising food costs, many families are faced with tighter budgets. Yet, many practical budget tips go hand-in-hand with expert nutrition advice for healthy eating throughout the year. Planning meals saves you money in a number of ways by allowing you to stretch your dollar and shop smart.

Ten back-to-school meal planning tips that can save you money:

1. Make fewer trips to the grocery store or fast food restaurants and cut your fuel costs. Frequent trips to the grocery store waste time, gas and money. So, create your meal plans for the week and make all of your purchases in one trip to the store.
2. Eliminate wasted food that goes uneaten in your refrigerator. When you plan your meals you make better use of the food you purchase and reduce spoilage. For example, soups and stews are a great way to make use of extra vegetables, milk or cheese.
3. Buy fresh produce in season—when it's cheaper. You'll pay more for food purchased off-season so choose recipes that use seasonal ingredients.
4. Build meals around sale items featured at your grocery store.
5. Clip coupons and check store promotions for foods you buy on a regular basis. This is a money saving habit that can really add up over the long term.
6. Stock your pantry when items you can store in the cupboard or freezer are on sale. In addition to saving money up front, buying more of your kitchen staples when they go on sale will also ensure that you always have healthy food on hand for those nights when you don't know what to cook.
7. Eat a healthy breakfast from home. Breakfasts do not need to be complicated. Having simple foods on hand, such as yogurt, whole-wheat bread, fruit and cereal, provide important nutrients.
8. Pack a lunch. Lunch and snacks prepared at home save money. Packing lunch will keep you from feeling pressured to purchase expensive and often less nutritious meals or snacks from convenience stores, vending machines and restaurants. If you're already making a lunch for your children, it only takes a few more minutes to make an extra sandwich or snack for yourself or husband.
9. Buy in bulk. Purchase and prepare your favorite and frequently eaten foods in bulk—such as, purchasing two for one gallons of milk. Preparing dinner "in bulk" by doubling a recipe or adding another serving or two will cost very little extra and leave you with leftovers for lunches or freeze it for dinner for another week.
10. Eat at home. Make time for family meals at home. Meals prepared at home are often more nutritious and less expensive than restaurant meals. In addition to providing your family with nutritious meals and cutting food costs, eating at home gives you the invaluable opportunity to talk to and connect with your family.

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Secretary Report

Hello CNS families! My name is Alison Doyle and my son Ryan and I hope you have all had a wonderful summer and are ready for a fun and productive 2009-2010 school year! As part of my secretarial duties, I will be the coordinator for Scholastic Book Orders. We're going to attempt "paperless" ordering this year, so watch for information on how to place your on-line Scholastic book orders later this month.

Also, mark your calendars for school pictures: Wednesday September 30 (3-day class) and Thursday, October 1 (2-day class) with Mark Thau Photography. Ordering information will be sent out soon.

I look forward to meeting new CNS families and seeing familiar faces around school.
Alison Doyle
matt.ali@sbcglobal.net

Communication Report

Please allow me to introduce myself. My name is Julee Dyer and my son Matthew will be in the 3 day class this year. As Communications Chair, my goal along with my committee members will be to get the word out there about CNS, to advertise all of our events and fundraisers, keep the website up to date and to create a monthly newsletter and calendar of all our wonderful CNS events and information.

I look forward to the new school year.

Julee Dyer
juledyer@att.net

Potluck Etiquette

Did you ever ask yourself, hey, am I a bad potluck? Do I go to potlucks with my entire extended family (including myself, my husband, two kids, Uncle Don, Aunt Barb, Grandpa James, nephews John and Joe, the neighbors, and 2 family dogs) and stop to buy a box of Popsicles on the way as my contribution to the food table?

If this paints a picture of what you expect to do at our potluck on May 30th, please reconsider. Please bring enough food for everyone you are bringing plus a little more. This way, every one gets a good variety of choices and they don't have to stop and eat on the way home because all that was left when they got to the front of the line was...ummm...Popsicles.

